

2020 CENTRAL REGION - WARM UP TIMES

SCHOOL	WARM UP TIME	SCHOOL	WARM UP TIME
SOUTH SEVIER <i>T.O. DANCE</i>	8:15 AM	FARMINGTON JR <i>SHOW</i>	10:47 AM
SNOW CANYON <i>T.O. DANCE</i>	8:20 AM	NORTH SEVIER <i>FREESTYLE</i>	10:56 AM
EMERY <i>T.O. DANCE</i>	8:25 AM	EMERY <i>FREESTYLE</i>	11:01 AM
CANYON VIEW <i>T.O. DANCE</i>	8:30 AM	MONT HARMON <i>SHOW</i>	11:03 AM
RICHFIELD <i>T.O. DANCE</i>	8:35 AM	SOUTH SEVIER <i>FREESTYLE</i>	11:12 AM
DIXIE <i>T.O. DANCE</i>	8:40 AM	WEST POINT JR <i>SHOW</i>	11:14 AM
NORTH SEVIER <i>T.O. DANCE</i>	8:45 AM	NORTH SANPETE <i>FREESTYLE</i>	11:23 AM
SNOW CANYON <i>POM</i>	8:50 AM	BOUNTIFUL JR <i>SHOW</i>	11:25 AM
RICHFIELD <i>POM</i>	8:55 AM	RICHFIELD <i>FREESTYLE</i>	11:35 AM
NORTH SEVIER <i>POM</i>	9:00 AM	MILFORD <i>SHOW NT</i>	11:41 AM
CEDAR <i>T.O. CHEER</i>	9:10 AM	EMERY <i>SHOW NT</i>	11:47 AM
SOUTH SEVIER <i>T.O. CHEER</i>	9:15 AM	RICHFIELD <i>SHOW NT</i>	11:53 AM
SNOW CANYON <i>T.O. CHEER</i>	9:20 AM	MERIT ACADEMY <i>SHOW NT</i>	11:59 PM
EMERY <i>T.O. CHEER</i>	9:25 AM	SOUTH SEVIER <i>SHOW NT</i>	12:02 PM
RICHFIELD <i>T.O. CHEER</i>	9:30 AM	BEAVER <i>SHOW</i>	12:08 PM
CANYON VIEW <i>T.O. CHEER</i>	9:35 AM	RICHFIELD <i>SHOW CO-ED NT</i>	12:11 PM
HURRICANE <i>FIGHT SONG</i>	9:40 AM	NORTH SEVIER <i>SHOW</i>	12:17 PM
NORTH SEVIER <i>T.O. CHEER</i>	9:45 AM	AMERICAN LEADERSHIP <i>SHOW</i>	12:26 PM
SNOW CANYON <i>FIGHT SONG</i>	9:50 AM	MERIT ACADEMY <i>SHOW NT</i>	12:29 PM
GUNNISON VALLEY <i>T.O. CHEER</i>	9:55 AM	SNOW CANYON <i>SHOW</i>	12:38 PM
CANYON VIEW <i>FIGHT SONG</i>	10:00 AM	RICHFIELD <i>SHOW</i>	12:41 PM
NORTH SANPETE <i>FIGHT SONG</i>	10:05 AM	CANYON VIEW <i>SHOW NT</i>	12:47 PM
CEDAR <i>FREESTYLE</i>	10:10 AM	HUAB <i>SHOW</i>	12:53 PM
RICHFIELD <i>FIGHT SONG</i>	10:15 AM	NORTH SANPETE <i>SHOW</i>	12:59 PM
HURRICANE <i>FREESTYLE</i>	10:20 AM	RICHFIELD <i>SHOW COED</i>	1:05 PM
NORTH SEVIER <i>FIGHT SONG</i>	10:25 AM		
DIXIE <i>FREESTYLE</i>	10:30 AM		
MERIT ACADEMY <i>FREESTYLE</i>	10:35 AM		
SNOW CANYON <i>FREESTYLE</i>	10:40 AM		
GUNNISON VALLEY <i>FREESTYLE</i>	10:45 AM		

SCHOOL	WARM UP TIME	SCHOOL	WARM UP TIME
HERRIMAN <i>T.O. DANCE</i>	1:25 PM	MOUNTAIN VIEW <i>SHOW</i>	4:20 PM
VIEWMONT <i>T.O. DANCE</i>	1:30 PM	ALTA <i>SHOW</i>	4:26 PM
SKYRIDGE <i>T.O. DANCE</i>	1:35 PM	SKYRIDGE <i>SHOW</i>	4:32 PM
VIEWMONT <i>POM</i>	1:40 PM	WEBER <i>SHOW</i>	4:38 PM
FREMONT <i>POM</i>	1:45 PM	WESTLAKE <i>SHOW</i>	4:44 PM
WASATCH <i>POM</i>	1:50 PM	CORNER CANYON <i>SHOW</i>	4:50 PM
HUNTER <i>T.O. CHEER</i>	1:55 PM	RIVERTON <i>SHOW</i>	4:56 PM
WASATCH <i>T.O. CHEER</i>	2:00 PM	AMERICAN FORK <i>SHOW</i>	5:02 PM
SKYRIDGE <i>T.O. CHEER</i>	2:05 PM	TAYLORSVILLE <i>SHOW</i>	5:08 PM
VIEWMONT <i>T.O. CHEER</i>	2:10 PM	PERFORMANCE	5:12 PM
WASATCH <i>FIGHT SONG</i>	2:15 PM		
SKYRIDGE <i>FREESTYLE</i>	2:20 PM		
SALEM HILLS <i>FIGHT SONG</i>	2:25 PM		
WESTLAKE JV <i>SHOW</i>	2:27 PM		
WASATCH <i>FREESTYLE</i>	2:36 PM		
FREMONT JV <i>SHOW</i>	2:38 PM		
MOUNTAIN VIEW JV <i>SHOW</i>	2:44 PM		
RIVERTON JV <i>SHOW</i>	2:50 PM		
ALTA JV <i>SHOW</i>	2:56 PM		
CORNER CANYON JV <i>SHOW</i>	3:02 PM		
WEST <i>SHOW NT</i>	3:11 PM		
VIEWMONT <i>SHOW NT</i>	3:17 PM		
WEST JORDAN <i>SHOW NT</i>	3:20 PM		
MAPLE MOUNTAIN <i>SHOW</i>	3:26 PM		
HERRIMAN <i>SHOW</i>	3:32 PM		
SPANISH FORK <i>SHOW</i>	3:38 PM		
JORDAN <i>SHOW</i>	3:44 PM		
OREM <i>SHOW</i>	3:50 PM		
FREMONT <i>SHOW</i>	3:56 PM		
TIMPVUE <i>SHOW</i>	4:02 PM		
TIMPANOGOS <i>SHOW</i>	4:08 PM		
SALEM HILLS <i>SHOW</i>	4:14 PM		