JUMPS, TUMBLING & DANCE - All Girl/Co-Ed Show Category



SCHOOL _____ CLASS: 6A 5A 4A 3A 2A 1A JR/MIDDLE

Difficulty			Execu	TOTALS	
JUMPS	STANDARD (1 pt.) Single Toe Touch SUPERIOR (2 pts.) Double Toe Touch ELITE (3 pts.) Two Consecutive with Variety		➤ Notes □ Proper Technique, Form and Height	,	
	☐ Three Consecutive of the Same	3	☐ Synchroniz	ation 5	8
*Must do Standing AND Running Tumbling to get your difficulty max. **If you have skills from multiple levels, the highest point value will be awarded.					
GROUP RUNNING TUMBLING	STANDARD (1 pts. max) Running Back Handsprings Round Off Tuck SUPERIOR (3 pts. max) Running Tumbling into Tucks Running Tumbling into Layouts ELITE (5 pts. max) Running Tumbling into Fulls	5	➤ Notes □ Proper Technique and Form	and	
GROUP STANDING TUMBLING	STANDARD (1 pt. max) Standing Back Handsprings Standing Tumbling into Tucks SUPERIOR (3 pts. max) Standing Tucks Standing Tumbling into Layouts ELITE (5 pts. max)	☐ Synchronization			45
	☐ Standing Tumbling into Fulls	5		5	15
DANCE	□ Level and Two or More FormationChanges□ Change of Pace□ Creativity	4	➤ Notes □ Synchroniz	ation	
	All categories are based on MAJORITY (majority = half (50%) or more of the team) Total # of Team Members		☐ Technique ☐ Sharpness ☐ Body placement		
			3		7
Judge's Signature					
Tabulator's Signature				E	