Utah Cheer Competition

HSP JUMPS, TUMBLING & DANCE - <u>All Girl/Co-Ed</u> Show Category

RC Competes
revised 10/19

LEVEL: Beginning Intermediate Advanced

SCHOOL _____

CLASS: Tiny's Mini's Junior's Senior's

	Difficulty		Execution		TOTALS

JUMPS	**BEGINNING (1 pt.)**
	☐ Single Jump
	INTERMEDIATE (2 pts.)
	☐ Double Toe Touch
	ADVANCED (3 pts.)
	☐ Two Consecutive with Variety
	☐ Three Consecutive of the Same
		3	➢ *Notes*
			  ☐ Proper Technique, Form and Height
			
			  ☐ Synchronization
				5	**8**

	Must do Standing AND Running Tumbling to get your difficulty max.				

RUNNING TUMBLING	**BEGINNING (1 pts. max)**
	☐ Round Off Series
	☐ Walkover Series
	INTERMEDIATE (3 pts. max)
	☐ Running Back Handspring
	☐ Running Multiple Back Handsprings
	ADVANCED (5 pts. max)
	☐ Round Off Tuck
	☐ Running Tumbling into Tucks
	☐ Running Tumbling into Layouts
	☐ Running Tumbling into Fulls
		5	➢ *Notes*
			  ☐ Proper Technique and Form
			
			  ☐ Synchronization		

STANDING TUMBLING	**BEGINNING (1 pt. max)** ☐ Cartwheels ☐ Walkovers **INTERMEDIATE (3 pts. max)** ☐ Back Handsprings **ADVANCED (5 pts. max)** ☐ Side Aerial ☐ Tuck ☐ Handsprings into Tuck ☐ Handsprings into Layouts ☐ Handsprings into Fulls	**5**		**5**	**15**

DANCE	☐ Level and Two or More Formation Changes
	☐ Change of Pace
	☐ Creativity
		4	➢ *Notes*
			  ☐ Synchronization
			  ☐ Technique
			  ☐ Sharpness
			  ☐ Body placement
				3	**7**

*All categories are based on **MAJORITY*** (majority = half (50%) or more of the team – **uneven numbers will be rounded up**)		**Total # of Team Members**
A team may Showcase less than half of their stunt groups and/or half of their individual athletes one level up from level entered one time for stunts and one time for tumbling in each of their cheer section and ONE music section. You will receive points for that particular showcase in the one level higher. A team may not showcase a skill higher than one level of level entered. A team may not execute skills in a higher level than level entered at any time in your routine except for the allotted showcasing. There will be a 0.5 deduction for every infraction over the allotted showcasing.		**SUBTOTAL**
Judge's Signature	**Showcasing Deduction**	
Tabulator's Signature	**SUB SCORE**	

30