

JUMPS, TUMBLING & DANCE

HIGH SCHOOL PREP All Girl/Co-Ed Show Category

LEVEL: Beginning Intermediate Advanced

CLASS: Tiny's Mini's Junior's Senior's

SCHOOL _____

Difficulty		Execution		TOTALS	
JUMPS	BEGINNING (1 pt.) <input type="checkbox"/> Single Jump INTERMEDIATE (2 pts.) <input type="checkbox"/> Double Toe Touch ADVANCED (3 pts.) <input type="checkbox"/> Two Consecutive with Variety <input type="checkbox"/> Three Consecutive of the Same	3	➤ Notes <input type="checkbox"/> Proper Technique, Form and Height <input type="checkbox"/> Synchronization	5	8
	*Must do Standing AND Running Tumbling to get your difficulty max.				
RUNNING TUMBLING	BEGINNING (1 pts. max) <input type="checkbox"/> Round Off Series <input type="checkbox"/> Walkover Series INTERMEDIATE (3 pts. max) <input type="checkbox"/> Running Back Handspring <input type="checkbox"/> Running Multiple Back Handsprings ADVANCED (5 pts. max) <input type="checkbox"/> Round Off Tuck <input type="checkbox"/> Running Tumbling into Tucks <input type="checkbox"/> Running Tumbling into Layouts <input type="checkbox"/> Running Tumbling into Fulls	5	➤ Notes <input type="checkbox"/> Proper Technique and Form <input type="checkbox"/> Synchronization		
	BEGINNING (1 pt. max) <input type="checkbox"/> Cartwheels <input type="checkbox"/> Walkovers INTERMEDIATE (3 pts. max) <input type="checkbox"/> Back Handsprings ADVANCED (5 pts. max) <input type="checkbox"/> Side Aerial <input type="checkbox"/> Tuck <input type="checkbox"/> Handsprings into Tuck <input type="checkbox"/> Handsprings into Layouts <input type="checkbox"/> Handsprings into Fulls	5			
DANCE	<input type="checkbox"/> Level and Two or More Formation Changes <input type="checkbox"/> Change of Pace <input type="checkbox"/> Creativity	4	➤ Notes <input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Sharpness <input type="checkbox"/> Body placement	3	7
	<div style="display: flex; justify-content: space-between;"> <div> All categories are based on MAJORITY <small>(majority = half (50%) or more of the team – uneven numbers will be rounded up)</small> </div> <div style="border: 1px solid black; padding: 5px; width: 150px;"> Total # of Team Members </div> </div>				
<small>*A team may Showcase less than half of their stunt groups and/or half of their individual athletes one level up from level entered one time for stunts and one time for tumbling in each of their cheer section and ONE music section. You will receive points for that particular showcase in the one level higher. A team may not showcase a skill higher than one level of level entered. A team may not execute skills in a higher level than level entered at any time in your routine except for the allotted showcasing. There will be a 0.5 deduction for every infraction over the allotted showcasing.</small>					
Judge's Signature		Showcasing Deduction		SUBTOTAL	
Tabulator's Signature		SUB SCORE			